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Venture Centre

Outdoor activity learning outcomes

Year 5,6

	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Air rifle				
	Understand the importance of range rules and discipline	Follow rules as displayed in the range	Very direct teaching style	Post session activity –reflect on performance in relation to ability
	Supporting peers and help others to develop skills	Act as spotters for partner Add up scores for other group members Behave in a way which allows the other group members to reach their maximum potential	Individual coaching as appropriate	What do I need to do in order to shoot successfully and accurately

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Archery	Follow range rules	Practical demonstration during the session	Directive	Each student remembers a rule and say out as a group
	Practical skills acquisition	Be able to hit the target and understand how to adjust the aim as appropriate	Practical demo and do	
	Relate to the history and development of archery	Name a famous battle where bows played an important part. What is archery still used for today? Famous people associated with the use of bows and arrows.	Talk	
	Understand basic archery terms	Understand the terms nock, pile, fletching.		
	Analyze their performance and adjust accordingly	Adjust aiming	Self and peer motivation” resourcefulness”	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Assault course	Team work	Work as part of a team to negotiate obstacles	Instructor input at appropriate time during the session	
	Physical ability	Negotiate a variety of physically challenging obstacles	Group work on a challenge by choice Policy	
	Managing emotions	Helping others if struggling or distressed/staying positive		

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Abseiling				
	Understand the importance of wearing appropriate safety equipment	Practical demonstrations and verbal questioning	Directive with open questions during session	Pre course discussion on looking after self Taking responsibility Appropriate behavior
	Practical skills acquisition	Abseil down a variety of pitches demonstrating appropriate techniques	Practical Training	
	Take responsibility for oneself	Check own equipment	Instructor led discussion	
	Enhance their sense of self, improve their capacity to manage challenging circumstances and develop caring and respectful relationships	By providing challenging activity. This provides an opportunity for students to provide and mutually supportive structure		
	Personal challenge, facing fears, Trusting the equipment	Practical exercise		
	Encourage peer to peer support	Buddy system. Students give support or advice to climbers	Avoids excess noise distractions student becoming over whelmed	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Coasteering	The environmental effects of the sea	Observe effects of erosion	Swim past it and have a look	
	Identify at least one type of marine organism	Discuss limpets , barnacles sea weed as appropriate		
	Water safety	Appropriate equipment	Demo and talk put kit on and use it in appropriate environment	
	Effects of weather on the sea	Questions why is the sea like it is rough / calm	Questions and observation	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Gorge walking	The environmental effect of this activity	Discuss why we only do this at certain times of the year	Discussion	
	Water safety	Use appropriate safety equipment	Practical session	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Climbing				
	Set own personal goals	Climb a part of the wall appropriate to you own ability	Competition against peers or self to improve skills	Aim 1 level higher or further each time
	Awareness of the world	Visual representation of the various mountains of the world in proportion		
	Environment	What type of tree is the abseil tree	Beech	Mention inclusive bark

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Canoeing				
	Work with peers	Paddle canoe with one or two other group members		Why is it hard to paddle a canoe on your own?
	Have knowledge of the history of canoeing	Questions and answer who paddles canoes and kayaks? What could people use kayaks canoes for today?	Closed questions and open questions	
	Awareness of the effect of weather on the canoe	Be able to paddle the boat in the weather conditions	Practical skills development	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Kayaking				
	Develop personal kayaking skills	Demonstrate basic understanding of sweep stroke, forward paddling and reverse paddling		
	Understand water safety issues	Understand the importance of wearing a buoyancy aid		

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Raft Building	Understand the consequences of your own actions	Build a raft and try it out on the water	Safety talk and skills training on how to tie it together	
	Apply skills that you have learnt in a practical situation	Learn how to tie a square lashing and use it to build a raft	Visual learning show I and I will understand. Each person takes responsibility for each stage of the lashing Teamwork SEAL Social and emotional aspects of learning	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Sailing	To be able to name parts of the boat. Bow, stern, port , starboard, rudder, tiller, dagger board	Verbal question and answer. Practical demonstration of knowledge	Verbal using correct nautical terms	
	Basic understanding of beaufort scale	Estimate wind force		
	How to tie boat up probably with round turn and two half hitches		In groups of 2 -3 has responsibility for one stage of the knotting process	
	Practical sailing skills. Sail on a reach go about and return	Practical demonstration		

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Map and compass				
	Be able to orientate a map using topological features	Practical demonstration. Then put in to practice on centre's orienteering course	Talk then do	
	Be able to set a compass for a given bearing and follow that compass over a short distance	Practical demonstration then practice on compass course	Talk then do	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Campcraft/ Survival				
	Types of wood	Be able to select suitable wood for fire lighting	Practical demonstration	
	Safety	Construct fire place to contain fire Choose suitable site	Consider health and safety and wind direction	
	Environmental issues	What type of wood do we burn? Is this environmentally sound	Discussion ideally around fire while waiting for food to cook	
	Work as part of a group for common objective	Collect wood, light fire and cook food as part of a group	Practical demonstration	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Coastal walk	Personal preparation for activity	Wear appropriate clothing for weather with advice from instructor	Group discussion	Look at kit list and explain why equipment is important
	History of area	Verbal question and answer during the journey	Talk and walk	Wild life bingo
	Awareness of geographical location place in the world	Group discussion	During coastal walk identify areas which can be seen from the walk e.g. lake district hills	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Off road cycling	Understand the requirements for safety equipment	Wear appropriate equipment throughout the session	Group discussion Look at parts of bike what do they do?	
	Develop skills as appropriate to ability of group	Be able to use brakes effectively Balance and control bikes over basic obstacles	Practical skills session on centre's course	

Activity	Learning Outcomes	How can this be assessed	Teaching Style	Possible pre post session activity
Shared Residential Experience	Working together	Group review/informal discussion	Be part of a team as part of a group taking part in new activities	Challenge cards outlining what they think they do best and what they need to develop
	Helping other people		Assisting other members of a team	
	Shared social experiences	Meal times, spare time, activity time	Responsibility clearing away plates at meal times	
	Caring for others	How do group members deal with their peers who may be upset or distressed?	Shared group experience Pick a partner you wouldn't normally work with.	